Vita Risa E. Newell, Ph.D.

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Education

SEPT 1988 - California School of Professional Psychology, Los Angeles

JAN 1994 **Doctorate of Clinical Psychology, Winter 1994**

Masters of Clinical Psychology, Summer 1990

JUNE 1986 - University of California, Los Angeles

AUG 1987 Department of Psychology, Post-Baccalaureate study

AUG 1983 Emory University, Atlanta, Georgia

Bachelor of Medical Science

Clinical Work Experience

JUNE 2004 - Private Practitioner

PRESENT **7047 E. Greenway Parkway, Suite 250, Scottsdale, Arizona**

Independent Practitioner providing outpatient psychotherapy services in a private clinical practice. Populations treated include adults and seniors with a wide range of psychiatric diagnoses. Specific areas of interest include depression and anxiety, loss and trauma, and women's issues.

SEPT 2003 - Staff Psychologist

AUG 2004 Horizon Human Services, Casa Grande, Arizona

Staff Psychologist, full-time position, for non-profit community mental health agency serving low-income and seriously-mentally-ill patients. Primary duties included diagnostic evaluation, individual psychotherapy, treatment planning, extensive case

management, and staff consultation.

SEPT 2001 - Staff Psychologist

AUG 2003 Student Counseling Center, Arizona State University, Tempe, Arizona

Staff Psychologist, part-time position, for university counseling center serving undergraduate and graduate students. Primary duties included diagnostic evaluation, individual and couples therapy, psychoeducation, emergency coverage, case

management, and supervision of unlicensed clinical staff.

JULY 1996 - **Private Practitioner**

SEPT 1999 121 Wellesley Drive, SE, Albuquerque, New Mexico

Independent Practitioner providing psychotherapy services on an outpatient, inpatient, and partial hospitalization basis, with clinical privileges at local hospitals. Populations treated included children, adolescents, adults and seniors. Specific areas of interest included clinical depression, loss and grief, and parent training. Community case management, professional collaboration, and twenty-four-hour emergency

coverage were essential components of private practice.

JULY 1996 - **Staff Psychologist**

JUNE 1998 Albuquerque Family Guidance Center, Albuquerque, New Mexico

Staff Psychologist, part-time position, for United Way outpatient mental health clinic serving primarily low-income families. Primary duties included intake evaluations, individual and family therapy, parent training, and psychological assessment for children, adolescents, and adults. Contract work was also done with the Indian Health Service and Albuquerque Public Schools.

JUNE 1994 - Senior Psychologist OCT 1995 Broughton Hospital,

Broughton Hospital, Morganton, North Carolina

Program Director for inpatient female psychiatric unit, long-term stabilization component of state psychiatric hospital. Primary duties included directing treatment teams and managing therapeutic programs for severely mentally-ill psychiatric patients, as well providing a full array of psychological services. Responsibilities also included supervision in APA-approved psychology internship program, psychological assessment and expert witness testimony for civil commitment hearings.

Internship Experience

SEPT 1992 - Clinical Psychology Residency

DEC 1993 VA and MCG Internship Consortium, Augusta, Georgia

Predoctoral psychology internship approved by the American Psychological Association. The following rotations were completed: inpatient child psychiatry, inpatient adult psychiatry, inpatient medical pediatric and adult psychology, outpatient clinic, and neuropsychological and rehabilitation services. Duties included psychological consultation to medical units, cognitive evaluation of stroke victims and Alzheimer's patients, psychological and neuropsychological assessment of children, adults and military veterans, inpatient and outpatient psychotherapy groups, crisis intervention, stress management and biofeedback, and EAP training and treatment.

Related Clinical Experience

SEPT 1990 - Psychology Intern

MAY 1992 Glen Roberts Child Study Center, Glendale, California

Internship/assistantship at county mental health clinic located in culturally-diverse area, serving low-income and ethnic-minority children, adolescents and adults. Primary duties included intake evaluations, psychotherapy with children and families, parent training, and psychological assessment.

SEPT 1989 - Psychology Practicum Trainee

JUNE 1990 San Fernando Community Mental Health, Van Nuys, California

Trainee position at day-treatment community mental health center serving severely-mentally-ill adults. Provided individual psychotherapy, case management, group psychotherapy, and psychological assessment.

SEPT 1986 - Counselor

JAN 1988 Cedars-Sinai Hospital Thalians Health Center, Los Angeles, California

Counselor in crisis intervention for adolescent and adult victims of assault and rape. Worked with victims from emergency-room intake through crisis intervention and weekly supportive therapy. Also provided hotline support.

Research Experience

AUG 1992 **Doctoral Dissertation**

California School of Professional Psychology, Los Angeles, California Ethnicity as a significant factor in the utilization of outpatient mental health services by adolescents

This study investigated the significance of ethnicity as a factor in the utilization of outpatient mental health services by adolescents through analyzing utilization patterns of a large sample of adolescents in the Los Angeles County mental health system. Significant findings indicated that ethnicity alone influences mental health service utilization, and, when combined with other variables such as gender, referral source, and therapist-match, these ethnic differences are magnified. Dissertation Chair: Richard Cervantes, Ph.D.

AUG 1987 - **Research Assistant**

DEC 1992 University of California, Los Angeles, California

Research study of communication patterns in families of child and adolescent

depressives and schizophrenics.

Research supervised by Michael Goldstein, Ph.D.

Other Work Experience

SEPT 1984 - Health Record Administrator

SEPT 1985 Charter Brook Hospital for Addictive Abuse, Atlanta, Georgia

Developed, organized and maintained Medical Record Department in new psychiatric hospital. Participated in JCAH, Utilization Review and Quality Assurance functions.

Academic Affiliations

MAR 2001 - Instructor, Master's in Counseling Program

MAY 2001 Chapman University

1997-98 Clinical Assistant Professor

Department of Psychiatry, University of New Mexico School of Medicine,

Albuquerque, New Mexico

Hospital Privileges

1996-98 Charter-Heights Behavioral Health System

Albuquerque, New Mexico

1996-98 Memorial Psychiatric Hospital

Albuquerque, New Mexico

1997-98 St. Joseph's Medical Center

Albuquerque, New Mexico

Professional Activities

SEPT 1988 - Member

PRESENT American Psychological Association

JAN 2000 - Member

PRESENT Arizona Psychological Association

JAN 1999 - **Coordinator, Member Services Council**OCT 1999 New Mexico Psychological Association

JULY 1998 Chairperson, Division of Research and Training

SEPT 1999 New Mexico Psychological Association

SEPT 1988 - Co-Chair, Student Senate

JUNE 1990 California School of Professional Psychology, Los Angeles, California