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Please review the protocols below for in-person services:

1. The Suite 250 Main Office entrance is open Monday - Friday from 8:00 to 5:00. After that time, please wait in our downstairs lobby until I contact you for your appointment and then we will meet on the second floor.
2. While masks are no longer required, they are recommended for those who are medically compromised or concerned about exposure to illness.
3. My office is rather small, so I will work to maintain appropriate distance while we are meeting. Our suite has a small waiting room, where you can be seated prior to your appointment.
4. Of course, please do not come to the office if you are not well or have any symptoms associated with COVID-19 (fever, shortness of breath, coughing, sore throat, headache, loss of taste or smell, etc.), if you have recently travelled internationally, or if you have been exposed to a COVID-19-positive person.

Despite careful attention to this safety protocol, there is still a chance that you will be exposed to COVID-19 in my office. If you prefer at any point to stop in-person services and transition to Telehealth, please let me know.

Look forward to seeing you soon!